



WildPlay and Wild Forest School kit list

WildPlay and Wild Forest Schools promote children being outside throughout the year and in all weathers. It is therefore vital that children (and accompanying adults) have suitable clothing. It is advisable that children wear long trousers and long sleeves (even in summer) when out in natural areas, due to natural hazards such as stinging nettles, brambles, ticks etc. It may be advisable for children to have a set of old clothes to wear, as they will get dirty.

Autumn/Winter

This time of year its best to be well prepared. Several thin layers help to trap heat keeping children toasty warm.

We strongly advise:

- Minimum of four layers on top e.g. thermal vest or vest, t-shirt, long sleeve top and jumper
- 2 pairs of trousers e.g. thermals or leggings and trousers
- 2 pairs of socks
- Waterproof coat and trousers
- Wellies
- Hats, gloves and scarf

In wet weather full waterproofs are essential, when planning what children should wear don't be fooled by full sun in the mornings, the weather can soon change!

Spring/ summer

In spring please ensure children come prepared for all weathers. In the summer have hats and sun cream may be advisable. Children may not be able to take part in activities if they are wearing unsuitable footwear such as sandals.

We strongly advise:

- Long sleeve top, jumper
- Trousers
- Socks
- Trainers or outdoor shoes