

4 A perfect interview spot! **You need to cross the bridge** but whilst you are on it pause for a moment to chat!

You might like to find out who or what else has crossed the bridge today?

How much water is in the stream?

Where might the water go to?

Once you have crossed the bridge take the worn path straight ahead of you right across the meadow to the River Lugg. (You will see the line of trees - winding along the river bank).

Sometimes on the Lugg meadows you hear a bird calling high above you. If you do, look up and see if one is circling above your head.

5 Do you know what is it?

It's a long way away to do an interview with - perhaps you could draw its shape in this box?

Or try to describe the call it makes.



What magnificent bird, shimmering blue, might be out doing some 'royal' fishing on the river?

7 As you walk up stream... keep you eyes peeled for a big stone between you and the river.

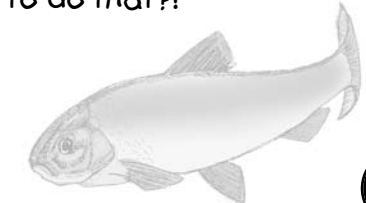
You know when you've found it because it has some letters and numbers on it. What does it say?



This is one of the markers of the Herefordshire Nature Trust land.

Parts of these meadows have been here since Doomesday. The plants you see are the great great grandchildren of plants that were here hundreds of years ago. Stones like this have always marked the edges of the land belonging to different owners. Sometimes to decide who owned which area each year children had to 'draw lots' so that the farmers and landowners wouldn't fight over it!

Imagine if you were asked to do that?!



When you reach the river you turn left and follow it up stream.

The river flows fast and is very deep so take care near it.

Explorers all over the world celebrate reaching the river after a big trek across open ground or jungle.

6 How about a doing a daft river dance? (On the bank!!)

Its also a chance to get more nature facts for your viewers.

Which way is the river flowing?

Is it making any sounds? (Imagine trying to repeat these sounds on TV!)

What 3 different creatures might live in or around the river?

- 1
- 2
- 3

As you walk up the river we challenge you to find 3 different looking trees on the river banks.

You don't have to know what they are but look for different shapes, buds, cones etc. Draw or write descriptions here.

Have you spotted the one that has died and has become a pecking place for woodpecker?

The river is winding here, making loops and bends.

What creatures does this remind you of? _ _ a _ e?

Whilst on the path stop somewhere you like in the middle of the meadow...It is so flat.

10 Turn your microphone back on and ask the ground just why it is so flat?!

Sometimes when you stop still like this you can hear all sorts of things you don't normally listen out for.

Close your eyes for a moment hold your fists out in front of you and put a finger out each time you hear a new noise.

Write some of the things you heard here.

When you reach the line of trees and the Rhea turn left and walk back down towards the wooden bridge and Lower House Farm.

11 Look back across at the other side of the meadow. Do the trees look different from far away?

When you see a green electricity box on your right, turn left back across the meadow towards the smaller line of trees along the Lugg rhea.

You will see some more stones in the meadow in front of you.

9 When you reach the stones - stop and have a chat! How long have they been there? Write down any information they tell you.

When you have walked for a few minutes chose a place to stop and think little for a moment!

Stand completely still and look at the tiny magical world between your feet. Bend down and see if you can find out about the millions of creatures and plants that live down there?

12 Ask the plants to describe their best feature to you? Do they like being frilly? Flat? Spear shaped? Juicy? Write some of their answers here.

Imagine being a tiny tiny creature underneath one of these leaves - it would seem like a giant tree.

Even if you can't see any creatures you could ask them (perhaps you need to whisper as they are so small) what they look like, what they eat, what they do all day.

The trail continues on the back of this sheet



If you are lucky enough to see the beautiful flowers whilst you are here, please don't pick them - just look. We need to leave them be so they will always be there.

13 **Walking along the Rhea** is another good place for noises. Have you heard the creaking trees on a windy day?

The birds sing loudly because you are near Baynton Woods where they have lots of trees to play in.

Towards the end of lots of TV and Radio broadcasts there is a weather report!

14 **Stop before you reach the wooden bridge** and give your family today's weather report

Take it in turns to have a go!

You are actually outdoors - look up at the sky. Are the clouds whizzing past? Have you felt rain on your face? Is the sun on your back?

What do you think the weather will do next?

Cross back over the wooden bridge and head towards Lower House Farm.

(If at this point you want an extra adventure walk feel free to explore Baynton woods (on the hillside). It has lovely trees and takes you up higher. It has slippery paths and is steep in places.)

As you wander back through the orchard do you notice any creatures in the air around you?

15 What might be winging its way to the fruit trees and the Nature Trust's wildlife garden too?

There is a Lugg Meadows trail fact sheet if you want to find out more about any of the things you wrote or drew, available in the Hereford nature Trust reception.

If you have become a Lugg fan there is also a book all about it for sale at Herefordshire Nature Trust.

On your walk...

- Stick to paths and keep dogs under control (on lead)
- Don't pick flowers or leaves from trees.
- Be extra careful near river
- The Lugg flows fast and is deep.
- Look at things slightly back from the bank.

PRIZE DRAW! PRIZE DRAW! PRIZE DRAW! PRIZE DRAW!

Enter our prize draw for a Where Wild Things Play goody bag. (To be drawn later in 2006)
Draw us a picture of you walking on the Lugg Meadows

Either drop your pictures into the box in reception at Herefordshire Nature Trust Offices or send to:
Where Wild Things Play, Herefordshire Nature Trust,
Lower House Farm, Ledbury Road, Tupsley, Hereford HR1 1UT

Don't forget to tell us your name and telephone number or email address



For more information about **Where Wild Things Play** trails, events and activities contact:
Jo Polack Tel: 01432 356872
Wildplay@herefordwt.cix.co.uk
www.wildlifetrust.org.uk/hereford/wildplay

Hereford 2006



Where **Wild Things Play**

All you need is yourselves and a pencil or crayon!
Not suitable for buggies

Lugg Meadows Family Trail: Wild Wandering

Kids make sure you take an adult with you - it might entertain them for a while and they usually have useful things like a pen!



Imagine you have been chosen to present an amazing new nature programme on TV. You are being sent out, an intrepid explorer, to interview plants, trees and the creatures of the Lugg! Bring back all the news, beauty and curiosities of the wild to your viewers at home.

Most questions don't have right or wrong answers - use your imagination and things you see to fill in the boxes with words or pictures.

Back at Lower House Farm we'll have a sheet that may answer some wildlife wonderings that you have on your way round!

On the first bit of your journey around the meadow why not pick up a stick to be your microphone?

So are you ready to go off and meet the inhabitants of the Lugg Meadows?

Before you go out onto the Lugg go back up the path in front of Lower House Farm through the wildlife garden to the pond where your first creatures are awaiting an interview!...



1 Can you see any of these?

Frog spawn, tadpole, frog, dragonfly.

Have you ever had a chat with a pond?! Now is your chance.

Ask who lives there?
How many different shaped plants live in it?
Who might live in the murky depths?

Write or draw some of the things you find out...

Remember this pond is a home to lots of creatures - please do not disturb the water with hands or sticks



2 Find your favourite tree and introduce someone else in your family to the tree.

You might say 'Dad this is archibold apple blossom covered in grey-green stuff (lichen). He has crinkly bark and bursting buds.!' How old do you think these trees are?

3 Move out of the old trees to the newly planted ones. There is another gate and stile to your right. Go over the stile and head for the kissing gate on your left.

Go through the kissing gate and stop just the other side.

To your left up on the skyline is a big poplar tree with masses of ball shapes in it.

Do you know what these are?

Can you count how many there are?

Walk in a diagonal to your right and you will come to a wooden noticeboard and a wooden bridge over the Lugg Rhea.

Families exploring & playing together in nature